



REVIEWS

BOOKS

Reviewed by Ruth Parnell

HOW TO SURVIVE THE Y2K CRISIS IN AUSTRALIA: The Essential Guide for Every Household

by Chris Gilbey

Publisher: Bantam, Australia, 1999

ISBN: 1-86325-180-4 (247pp tpb)

Price: AUD\$17.95

Available: **Australia**—Random House

No one really knows what's going to happen when the computer clocks tick over at midnight on 1 January 2000. But it's better to be prepared for the worst and hope for the best, to paraphrase Chris Gilbey's philosophy in his guidebook, *How to Survive the Y2K Crisis in Australia*. And best to start preparing now—as individuals, families, groups, communities and businesses—if you've not yet begun to consider the so-called Y2K problem seriously.

Chris Gilbey, a leading technology, information and media consultant (and a speaker at this year's NEXUS Conference), adopts a common-sense approach to the problem without resorting to rhetoric or suggesting we all don combat fatigues and head for the hills to join the survivalist movement.

But, when governments, water and power utilities, airline companies and so on cannot say with certainty that there *won't* be any disruption to normal services "when the chips go down", it's time to take ownership of the solution, create a safe haven, run your own in-house Y2K audit and ensure you're supplied with essentials—water, food, energy supply, medicines, clothing—for we may have to become more self-reliant than we're

used to, for a little while at least.

The hypotheticals and scenarios that Gilbey describes are indeed cause for concern. If, say, you work or live in a high-rise building, where air conditioning, power, water and sewage systems may not be Y2K-compliant, it may be a wise to consider relocating over the new-year period.

Gilbey includes checklists, survival rules, supply lists and emergency service resources to help Australians prepare for Y2K (or any crisis, for that matter) without panic.

THE CONSPIRACY READER

compiled by Al Hidell and Joan d'Arc

Publisher: Citadel Press, USA, 1999

ISBN: 0-8065-2041-8 (354pp tpb)

Price: £14.95; NLGf45,90; USD\$18.95;

CAD\$27.95

Available: **UK/Europe**—enquire NEXUS

offices; **USA**—Carol Publishing Group,

120 Enterprise Ave, Secaucus, NJ 07094,

tel (201) 866 0490; **Canada**—Canadian

Manda Group, Toronto, Ontario

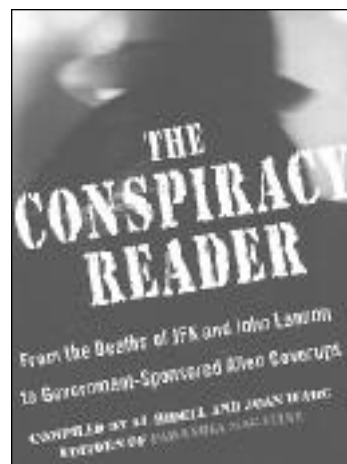
There's nothing like a good conspiracy theory to get the mind working overtime. And one conspiracy zine that enjoys "underground" respect is *Paranoia: The Conspiracy Reader*, started up on Rhode Island, USA, in 1992 by a loose-knit bunch of conspiracy truth-seekers. Its editors admit that they don't necessarily agree with everything printed in its pages, but they also realise that serious subjects don't always have to be taken too seriously, and that sometimes it's necessary to have a modicum of humour and irony to cope with the mass of competing conspiracy views out there.

The editors of *Paranoia* have compiled a selection of their favourite stories over the 1993–1997 period in *The Conspiracy*

Reader, which is fortunate for all those who have not had access to this relatively small-distribution US zine.

To give an idea of the contents, section headings cover: JFK, with reference to the Gemstone File; Suspicious Deaths, from John Lennon to Yitzhak Rabin; and the UFO Enigma, from Virgin Mary sightings to David Bowie's space oddities. If that weren't enough, the editors reveal samplings of government crimes and cover-ups from FEMA to the TWA 800 missile theory; media manipulation and CIA psy-ops; and Hollywood-connected cults and secret societies. And no conspiracy book is worth its salt without some analysis of the theory of AIDS as a man-made disease, secret Nazi UFO technology, Gulf biowarfare or the dangers of aspartame.

This compilation can't be expected to cover all possible conspiracy angles and spins, but it does its job well in presenting an interesting variety of material.



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SUPPRESSED INVENTIONS & OTHER DISCOVERIES

edited by Jonathan Eisen

Publisher: Avery Publishing, USA, 1999

ISBN: 0-89529-809-0 (546pp tpb)

Price: AUD\$40.00; NZD\$call; £11.95;

NLGf38,90; USD\$15.95 + p&h

Available: **Aust/NZ/UK/Europe**—NEXUS offices; **USA**—Avery Publishing Group, Garden City Park, NY, tel 1800 548 5757, website <www.averypublishing.com>

The first edition of *Suppressed Inventions and Other Discoveries* (1996) was for many people their first eye-opener on a world where groundbreaking ideas and inventions that could solve our energy, environmental and health problems could actually be suppressed and prevented from being applied for the common good of humanity. Now, editor Jonathan Eisen has completely revised and expanded this compilation with new sections, commentary and material.

The first section considers the suppression of alternative medical therapies and therapists such as Hoxsey, Rife and Gerson; the cover-up on the dangers of fluoridation, dental mercury amalgam and vaccinations; and the role of the FDA, AMA, NIH, NCI, etc. in keeping the truth hidden. Next is the suppression of unorthodox science, from Wilhelm Reich's orgone energy and Patrick Flanagan's Neurophone, to Velikovsky's cosmic catastrophe theory and the burial of archaeological evidence that tells a different story of our past from the mainstream line.

The third section looks at suppression of UFO technologies, with contributions cover-

ing independent antigravity research, alleged NASA sabotage of its own missions, and Air Force and CIA cover-ups of alien contact.

The final section highlights the suppression of fuel-saver technologies and 'free' energy resources, from Tesla, Moray, Pacheco and Hendershot, to water-powered cars and energy-efficient carburettors.

Some of this information is already familiar to NEXUS readers, as a good deal of it has already been published in our pages, but that shouldn't deter aficionados from getting hold of this super-compendium. It's essential reading for anyone who wants to know why the world is in a mess, but that something can still be done to fix it.

THE SECRET ZODIACS OF WASHINGTON DC

by David Ovason

Publisher: Century, UK, 1999

ISBN: 0-7126-7909-X (465pp hc)

Price: AUD\$39.95; £17.99; NLGf70,90;

USD\$/a; CAD\$/a

Available: **Aust/UK/USA/Canada**—Random House; **Europe**—NEXUS Office

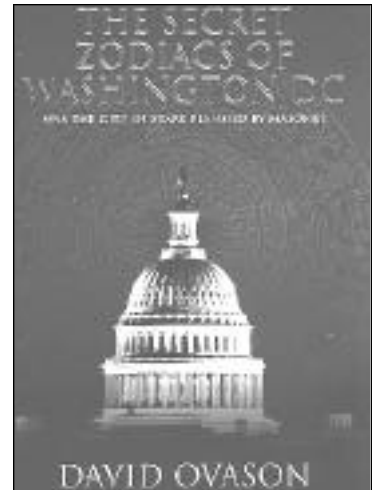
Symbols of astrological significance adorn the buildings of Washington, DC. In fact, according to author David Ovason, there are more public zodiacs in the city centre than anywhere else: 23, to be precise, with at least 1,000 zodiacal and planetary symbols. So what do they mean?

Ovason, an astrology historian, has conducted extensive research for his book, *The Secret Zodiacs of Washington DC*. He reveals that the City of Stars was designed to harmonise with the heavens, but stresses that just because the Masons were involved in the design and orientation of public build-

ings and avenues according to the principles of sacred astrology and geometry this wasn't necessarily a Masonic plot.

The symbol that oversees the grand design is Virgo, revered by Christians and Masons alike as the Virgin Mother, by the ancient Egyptians as Isis and the ancient Greeks as Minerva. The guiding light of the stellar Virgin is most readily seen over the city on 10th August—as its founders knew—in Virgo's capture within a right-angled triangle formed between Arcturus, Regulus and Spica. That cosmic triangle is replicated in the Earthly realm in the Federal Triangle of the Capitol, the White House and the Washington Monument—meaning that the stellar Virgin was meant to oversee not just the new city but the nation.

Steeped in esoteric detail and richly illustrated, Ovason's latest book is an absorbing read full of insights into America's secret past and the blueprint for its future.





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JESUS, LAST OF THE PHARAOHS

by Ralph Ellis

Publisher: Edfu Books, UK, 1998, 1999

ISBN: 0-9531913-1-1 (324pp hc)

Price: AUD\$n/a; £16.99; NLGf59,90; USD\$24.95 + p&h

Available: **Aust**—Specialist Publications, tel (02) 9736 2191; **UK**—Gazelle Book Services, tel 01524 68765; **Europe**—NEXUS Office; **USA**—Adventures Unlimited, tel (815) 253 6390

In his new book, *Jesus, Last of the Pharaohs*, Ralph Ellis explores the evidence for the Jewish patriarchs Abraham, Isaac, Jacob, Joseph and Moses being not just Semitic Shepherd Kings but Egyptian Pharaohs, with the royal bloodline being continued through to Jesus Christ—a Pharaoh in exile, in effect, and a secular and spiritual leader with wealth and status.

Ellis, author of *Thoth, Architect of the Universe*, is not the first to make these suggestions, and his own particular interpretations of sections of the Old and New Testaments—his major sources—will no doubt fuel debate amongst historians and theologians, whatever their perspectives.

One surprising connection he makes is that Saul, the St Paul of Roman Catholicism and one-time governor of Galilee, was one and the same person as Josephus, historian and author of *The Antiquities of the Jews*. Ellis claims that Saul was schizoid enough to have accomplished these dual roles, and he devotes a hefty chapter to his hypothesis. This puts a different spin on the accuracy of Josephus' histories if, in the guise of Saul, he was pursuing Jesus across Galilee in AD 66

with the Roman guard under his command. Ellis suggests this is why Josephus makes few mentions of Jesus, and those he does make are veiled or contradictory.

Whether or not Ellis's interpretations are correct is hard to judge, as there is so much dispute over the compilation of biblical history. But nevertheless, Ellis has produced a work that is both adventurous and involving for the questing reader.

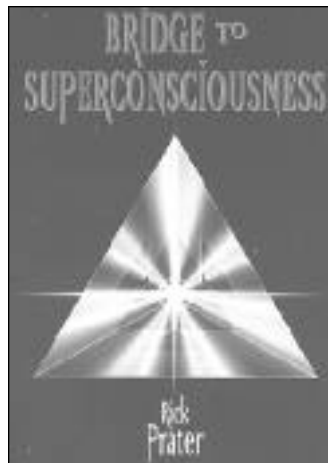
BRIDGE TO SUPERCONSCIOUSNESS by Rick Prater

Publisher: Source Publications, 1999

ISBN: 0-9635766-4-X (314pp tpb)

Price: AUD\$28.50; AUD\$34.25 to NZ; £15.95; NLGf67,90; USD\$19.95

Available: **Aust/NZ**—Silversun & Co., PO Box 7042, Geelong West, Vic. 3218, Aust, tel (03) 5223 2203, e-mail <Spiritual_Links@onaustralia.com.au>; **UK/Europe**—enquire NEXUS offices; **USA**—Source



Publications, tel (209) 966 5379, fax (209) 966 6811, website <www.yosemite.net/sources/books/>

Spiritual development doesn't have to be undertaken in an ascetic environment on a remote mountaintop, but is a process that can be nurtured as we carry on with our normal daily lives. So says Rick Prater who, in *Bridge to the Superconsciousness*, shares the wisdom of 25 years of practice with consciousness-raising techniques.

Prater, co-managing editor of the *Journal of Esoteric Psychology*, draws on the body of knowledge channelled to Alice Bailey by Tibetan ascended master Djwahl Khul (DK); on the School of Natural Sciences teachings on ethics as the foundation of all spiritual development; and on the Agni Yoga wisdom of Master Morya via Helena Roerich. He has found the Rainbow Bridge meditation techniques, clairvoyantly investigated by Norman and Josephine Stevens, to be especially valuable, and he covers them step by step with the aid of illustrations.

The point of all this is to assist in exploring/connecting with Superconsciousness, and learning to integrate the link so as to live in a more enlightened, creative way as well as to grow spiritually. These methods are firmly grounded in what Prater calls "living ethics", and they involve ways of clearing limiting thoughtforms from the aura, invoking positive healing energies and attuning mental powers.

The importance of group relationships and meditation is emphasised by Prater who reminds us of the New Group of World Servers (as identified by DK) and their role in promoting the higher values of love, will and intelligence. This is powerful information, given with heart.

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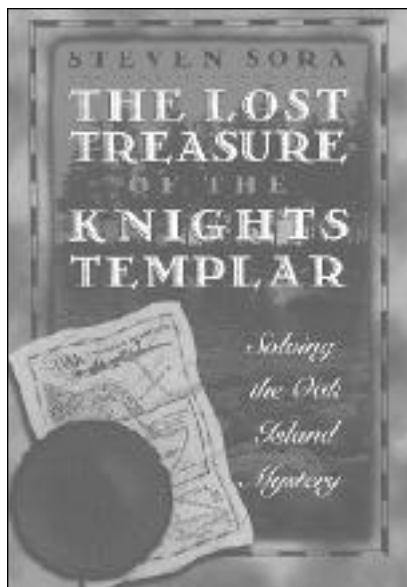


BOOKS

THE LOST TREASURE OF THE KNIGHTS TEMPLAR

by Steven Sora

Publisher: Destiny Books, USA, 1999
ISBN: 0-89281-710-0 (293pp tpb)
Price: AUD\$36.95; NZD\$45.00; £13.99;
NLGf40.90; USD\$16.95; CAD\$24.95
Available: **Australia**—Gemcraft, tel (03)
9888 0111; **NZ**—Southern Publishers, tel
(09) 309 6930; **UK**—Deep Books, 0181
693 0234; **Europe**—NEXUS office; **USA**—
Destiny Books, tel (802) 767 3174, fax
(802) 767 3726; **Canada**—Ten Speed
Press, tel (416) 703 7775



When the Templar Knights allegedly spirited away their treasures from France upon the Order's 'official' dissolution in 1307, it is believed they entrusted them to the protection of the Sinclair family in Scotland. However, by the late 1400s, according to author Steven Sora in *The Lost Treasure of the Knights Templar*, the Sinclairs found an even safer place than the Roslin Castle or Chapel environs—much farther away, in the New World: on Oak Island, a small island off Nova Scotia, which the Sinclairs had discovered in 1398, some time before Columbus ventured west.

What has colloquially become known as "the Money Pit"—either for the promise of the treasures hidden within or for the large sums of money spent in getting to the bottom of it—continues to elude the many attempts at excavation since its chance discovery in 1795. Its systems of shafts, drains, booby traps, false beaches and side tunnels, with their elaborate construction,

have kept the prize secret and have fuelled speculation that something of significance—documents, artefacts—must be hidden there.

We may never find out, and just because there are no historical records doesn't necessarily mean something hasn't already been found and removed. Meantime, Sora's research trail winds its way between Jesus and the Grail Kings, the Knights Templar and Jerusalem, Scotland and Freemasonry, the Prieur de Sion and Rennes-le-Château, the New World and, ultimately, a Very Old World. It's compelling to think that Oak Island, with its symbolic links with the revered oak tree, may hold the key—but the proof remains elusive.

ATLANTIS: MOTHER OF EMPIRES

by Robert B. Stacy-Judd

Publisher: Adventures Unlimited Press, USA, 1999 (first published 1939)
ISBN: 0-932813-69-0 (339pp l/f tpb)
Price: AUD\$39.00; NZD\$call; £15.95;
NLGf47.90; USD\$19.95 + p&h
Available: **Australia**—NEXUS Magazine, tel (07) 5442 9280; **NZ/UK/Europe**—NEXUS offices; **USA**—Adventures Unlimited Press, tel (815) 253 6390, fax (815) 253 6300

Robert Stacy-Judd's *Atlantis: Mother of Empires* was first published in 1939 but has been out of print for years till now.

A Californian architect and artist with a particular interest in the Maya civilisation, Stacy-Judd analysed the literature concerning various ancient cultures on both sides of the Atlantic and came to the conclusion that they had a common source: the lost continent of Atlantis. Stacy-Judd himself admitted that the evidence is circumstantial, but in the absence of more concrete proof was compelled to reach this conclusion.

This study is more about the Maya than Atlantis, but it highlights the commonalities the Maya had, in terms of language, customs, mythology, astronomy and architecture, with cultural groups as diverse as the Basque, Hebrew, Hindu and Sumerian—commonalities which suggest the notion that all these groups stemmed from, or were at least influenced by, a common source.

Stacy-Judd assembled a wealth of illustrations, comparative drawings and photos to add weight to his argument—one that he admitted was at odds with the establishment thinking of his day, that regarded any serious analysis of the Atlantis question with disdain at best. His book is valuable because of its summation of the story so far, as at 1939, and its presentation of material in one place for the benefit of future generations. This is a worthwhile edition to add to the home library.



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COSMIC JOURNEYS:

My Out-of-Body Explorations with Robert A. Monroe

by **Rosalind A. McKnight**

Publisher: Hampton Roads, USA, 1999

ISBN: 1-57174-123-2 (292pp tpb)

Price: AUD\$29.95; NZD\$38.95; £10.99;

NLGf33,90; USD\$13.95

Available: **Aust**—Gemcraft, tel (03) 9888

0111; **NZ**—Peaceful Living, tel (07) 571

8105; **UK**—Airlift, tel 0181 804 0400;

Europe—NEXUS Office; **USA**—Hampton

Roads, tel (804) 296 2772, fax (804) 296

5096, website <www.hrpub.com>;

Canada—Dempsey, tel (604) 708 1081



We are more than physical matter, so we can perceive that which is greater than the physical world, to paraphrase an affirmation of Robert Monroe, founder of The Monroe Institute, pioneering author of *Journeys out of the Body*, and inventor of the Hemi-Sync left/right brain hemisphere synchroniser. This affirmation is the framework for Rosalind McKnight's book, *Cosmic Journeys*, in which she tells the story of her out-of-body investigations as one of Robert Monroe's original team of Explorers. McKnight, who has a master's degree in divinity and holds workshops in personal growth and parapsychology, thus offers a unique perspective on the early days of the Institute and the life and work of this remarkable man—who, in 1995, left the Earthly plane on his Ultimate Journey.

Some of the chapters contain personal recollections of McKnight's association with Monroe, but most are transcripts of tape-recorded sessions conducted over 11 years from 1972. Through these sessions, they give special insights into the nature of con-

sciousness, thought, love, the soul, dimensional realms and subtle energies. On her travels, McKnight has encounters with "invisible helpers", higher dimensional entities and alien beings; and she visits the year 3000 to find a new consciousness has transformed the world, though not without major Earth changes taking place from just before 2000 through the early 21st century.

Above all, McKnight has proved for herself, as Monroe himself did, that human consciousness has unimagined possibilities and that life beyond here *is* a reality.

CHANGING HABITS, CHANGING LIVES

by **Cyndi O'Meara**

Publisher: Oracle Press, Australia, 1998

ISBN: 1-876308-12-5 (173pp tpb)

Price: AUD\$19.95 + \$2.00 p&h in

Australia; overseas airmail add AUD\$5.00

Available: **Australia**—Cyndi O'Meara, PO

Box 104, Mooloolaba, Qld 4557, tel +61

(0)7 5477 7181, 1800 440538 (toll-free in

Aust), e-mail <cyndio@bigpond.com>,

website <www.cyndi.omeara.com>

If we are what we eat, then we have to question the effect that processed, denatured foods have on health and vitality. In this book from health/medical writer Cyndi O'Meara, we are challenged to view an unhealthy lifestyle as merely a series of unhealthy habits—fortunately, ones that can be changed. In plain, easy-to-follow language, O'Meara provides a step-by-step guide to changing these habits over time, experience showing that trying to do it all at once is not the key to success. *Changing Habits, Changing Lives* is not about dieting as such, but about choosing better, healthier foods to eat in the correct combinations.

And what better place to start than the first meal of the day, breakfast. Once new, healthier eating habits can be established here, it becomes easier as the weeks go by to integrate new changes to eating, menus and lifestyle practices. As these incremental changes are made, one becomes more imbued with vitality and has more energy and desire to continue with the changes.

O'Meara's advice, summarised at the end of each chapter, has three action steps for each week, such as: keeping cuppas to a minimum and certainly cutting down or eliminating milk; chewing food properly; opting for butter over margarine; removing processed foods from the pantry; and eating more alkaline than acid foods. That's only some of it, but O'Meara's approach makes these directives a whole lot less daunting to apply in one's daily life.

Overall, very workable advice which, with dedication, will achieve results.

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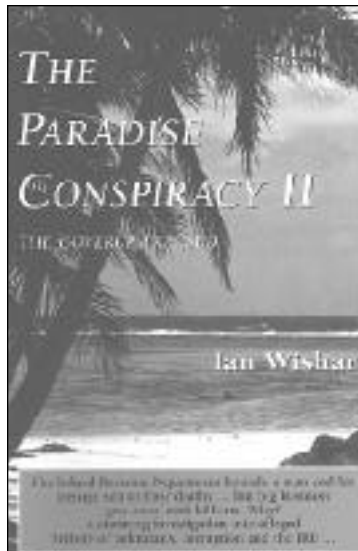
THE PARADISE CONSPIRACY II

The Coverup Exposed

by Ian Wishart

Publisher: Howling At The Moon Publishing Ltd, New Zealand, 1999
ISBN: 0-9582054-0-X (267pp tpb)
Price: AUD\$24.95; NZD\$29.95; £11.99; USD\$16.00

Available: **New Zealand**—Howling At The Moon Publishing Ltd, PO Box 302-188, North Harbour, Auckland 1310, tel (09) 373 3676 or 1800 123983 from Australia, fax +64 9 373 3667, website <www.howlingatthemoon.com>



Contrary to what the mainstream media is telling New Zealanders, their country is hardly as corruption-free as claimed in the latest OECD survey. As investigative journalist Ian Wishart explains, there is no agency in New Zealand designated to investigate corruption, whether of government or business; moreover, when a Commission of Inquiry is set up, the outcome only serves to prove that powerful, corrupt politicians and businessmen hold the reins of power behind the scenes, to advance and protect their vested financial interests.

The particular Commission of Inquiry that is the focus of Wishart's book, *The Paradise Conspiracy II*, is the so-called Winebox Inquiry which was set up in 1994 to investigate a "tax credit certificate" scam operating between the Cook Islands and New Zealand, involving the purpose-created European Pacific Group whose shareholders in the mid-1980s included Brierley Investments and the government-owned Bank of New Zealand. Tax fraud was committed on a grand scale, and high-level personnel at the

Serious Fraud Office and the Inland Revenue Department were also implicated, but, in the end, the perpetrators got off scot free. The Commissioner, Sir Ronald Davison, had even been heard privately describing the deals as "criminal...grand larceny", yet his report was a whitewash, Wishart and others contend.

Wishart takes apart the Winebox Inquiry verdict point by point so that readers can make up their own minds about the report's validity. However, Wishart himself has absolutely no doubt that, based on the evidence, high-level corruption is rife in New Zealand. Should we be surprised?

HEALING CODES FOR THE BIOLOGICAL APOCALYPSE

by Leonard G. Horowitz, DMD, MA, MPH and Joseph Barber, ND

Publisher: Tetrahedron, USA, 1999
ISBN: 0-923550-01-1 (525pp hc)
Price: USD\$26.95 + USD\$4.50 p&h in USA; foreign p&h, phone for quote
Available: **USA**—Tetrahedron Publishing Group, PO Box 2033, Sandpoint, Idaho 83864, tel (208) 265 2575, 1-888 508 4787 (toll free in USA), fax (208) 265 2775, e-mail <tetra@tetrahedron.org>

Drs Leonard Horowitz and Joey Barnard make no apologies for the inherent Judaeo-Christian bias in their co-authored book, *Healing Codes for the Biological Apocalypse*. These are two men on a mission to save the world from what is tantamount to biological warfare on the people.

This book is off on a whole new tangent for Dr Horowitz, author of *Emerging Viruses: AIDS & Ebola*. Here, he's teamed up with Dr Barnard (a pseudonymous) naturopathic physician who found himself channelling numerical codes for deciphering the Bible (King James version), given by Jeshua, or Jesus—his brother back then!

To cut a long story short, in the process of deciphering, the two doctors began to realise that the codes are mathematical, electromagnetic frequency codes, based on a Solfeggio scale, that can be utilised to heal or to cause disease, depending on who is controlling them. They believe they were placed there by powerful persons who understood their power for good or ill, and that Illuminati agents may already have created localised "cryptocrystalline" epidemics, using EM frequencies to activate dormant cells into becoming receivers/transmitters. Horowitz and Barnard suggest the codes are being used to create prion diseases (BSE, CJD), whereby the protein is literally activated into a crystalline form. The most viable path of transmission, they warn, is not so much via offal but via grain infected by mycotoxins.



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SAUCERS OF THE ILLUMINATI

by Jim Keith

Publisher: IllumiNet Press, USA, 1999

ISBN: 1-881532-03-8 (128pp tpb)

Price: AUD\$20.00; NZD\$call; £9.95;

NLGf\$31,90; USD\$12.95 + p&h

Available: **Aust/NZ/UK/Europe**— NEXUS offices; **USA**—Adventures Unlimited, tel (815) 253 6390

Conspiracy researcher Jim Keith's thesis, *Saucers of the Illuminati*, won't go down well with staunch ufologists or New Agers because it suggests that experiences involving ET contacts or the otherworldly can be subject to manipulation by powerful terrestrial interests: mind-controlling military/intelligence cabalists, politicians, businessmen and media chiefs with occult Illuminati links and secret Masonic handshakes.

From a title like this, we would expect something more substantial than speculative about the Illuminati hoaxing UFOs and alien abductions, that offered nuts-and-bolts proof rather than circumstantial evidence. But, as is so often the case with research into the deep, dark recesses of the military/industrial complex, the National Security Act puts a stop to the *really* juicy stuff coming out.

Keith has pulled together a number of disparate connections that assist in understanding the big picture: from the military application of José Delgado's Stimoceiver research for mind control and the truth or not of the MJ-12 papers, to author Philip K. Dick's Illuminati encounters and the anticipated dawn of the Masonic Year of Light circa the year 2000, with serious Sirius overtones involving Egyptian mysteries.

It's all part of a sinister, age-old plan that can only come to fruition in these latter days now that technology, TV especially, has dumbed down a goodly proportion of the unsuspecting masses. A New World Order is being summoned in via the back door! Don't say Jim Keith didn't warn you!

ETIDORHPA, or THE END OF EARTH

by John Uri Lloyd

Publisher: Health Research, USA, 1999

ISBN: 0-7873-0566-9 (375pp tpb)

Price: AUD\$49.00; NZD\$call; £22.00;

USD\$32.00 + p&h

Available: **Aust/NZ**— NEXUS offices;

UK—enquire NEXUS Office; **USA**—Health Research, tel (509) 843 2385, e-mail <publish@pomeroy-wa.com>

The very idea of a Hollow Earth hypothesis is conventionally agreed to be as hollow as the Flat Earth theory is flat. Even to consider it is seen as being not just non-sci-

entific but anti-science. But let's not forget that Earth science was in its infancy a hundred years ago when *Etidorhpa* was first published, and occult scientific study was *de rigueur*; nor that there are competing ideas about what "hollow" constitutes.

The original manuscript of *Etidorhpa* (that's "Aphrodite" spelled backwards) was reputedly given to a Cincinnati man, Llewellyn Drury, by a mysterious stranger who materialised in front of him in his room one cold November night in the mid-1800s. It told of the man's early years as a mortal being, of his Masonic transformation, of his incredible journeys into hidden recesses of the Earth's interior and his encounters with strange beings. Drury was told to hide the manuscript for 30 years, and when the time came, a friend, author John Uri Lloyd, had to step in, getting the first edition into print in 1896 with J. Augustus Knapp's paintings and drawings highlighting specific scenes.

Etidorhpa is a classic in the Hollow Earth genre which continues to attract borderlands researchers. The book is once again back in print by US-based Health Research who republished the book in 1966.

THE MIND CONTROLLERS

by Dr Armen Victorian

Publisher: Vision Paperbacks, UK, 1999

ISBN: 1-901250-26-1 (216pp tpb)

Price: AUD\$37.50 inc p&h; £9.99 + p&h;

NLGf\$38,90; USD\$16.95

Available: **UK**—Satin Publications Ltd, tel

+44 (0)171 3239757, fax (0)171 3239749,

e-mail <sheenadewan@compuserve.

com>; TBS Ltd, tel 01206 255637;

Europe—NEXUS Office, tel +31 (0)321

380558; **USA**—Publishers Group West,

1800 788 3123

A rather mysterious character in his own right, UK-based researcher Dr Armen Victorian has a way of getting his hands on hard-to-access information via the US Freedom of Information Act. So, for his book, *The Mind Controllers*, it must have been a challenge for him to pick out the choicest bits from his burgeoning archives. Each chapter is worthy of a book in itself.

Dr Victorian gives a succinct introduction to the 'alphabet' intelligence agencies that sprang up in the US in the 1940s under the Manhattan Project's umbrella of secrecy, and how their interests in mind/behaviour-control evolved. He discloses that the UK Public Records Office contains over 16,000 document files on psychological warfare up to 1948! That Dr Victorian meets with official walls of silence in some of his UK investigations speaks of the power of the UKUSA Agreement. Denials by successive British governments over microwave bombardment of the Greenham Common women

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in the 1980s smack of trans-Atlantic psy-ops complicity, the Yanks implicated in doing the bulk of the dirty work.

The battle for control of our minds, and those of perceived enemies, has been augmented with the availability of new technologies and techniques—a Pandora's box of unethical experiments involving radiation and LSD; neural manipulation with implants and microwaves; psychic research, hypnosis and remote viewing; so-called non-lethal weaponry and ELF warfare. Dr Victorian backs up his exposés with documentary evidence, and he names past and present perpetrators as he navigates with a clear, bright light over very murky waters.

CONFESSIONS OF AN INTERGALACTIC ANTHROPOLOGIST

by Marcia Schafer

Publisher: Cosmic Destiny Press, 1999
ISBN: 0-9668620-0-7 (223pp tpb)
Price: £11.95; NLGf57,90; USD\$17.00 + \$4.00 p&h in USA (overseas p&h, phone publishers for quote)

Available: **UK/Europe**—enquire NEXUS offices; **USA**—Cosmic Destiny Press, tel (602) 460 7807, fax (602) 460 7809, website <www.beyondzebra.com>

After forty years of contact experiences with extradimensional intelligences, Marcia Shafer is speaking out about them, despite the risks to her professional credibility as a serious business consultant with a background in science and medicine. Her aim is to dispel some of the myths about the phenomenon of contact with extraterrestrial and multidimensional beings and to reassure us that contact does happen, and happens to people from all walks of life.

Shafer believes that global disclosure of UFO reality is inevitable, but that people want to know more than just *if* we are having contact with aliens; they want to know *why* and *how*. She wrote *Confessions of an Intergalactic Anthropologist* so that the uninitiated would have some idea of what extradimensional contact is like, in its myriad forms, and how to adjust to it.

There are some remarkable revelations in this book, all the more so seeing Shafer is a logical, rational, common-sense sort of person who never expected she'd start channelling intergalactic messages from the Others and the Spiritual Elders a few years back. In part one, she describes what she's learned on her journey about humanity's genetic legacy and future evolutionary path, parallel realities, advanced technology, Earth changes prophecies, the diversity of life in the Universe and the nature of con-

sciousness. The second part comprises teachings from the Spiritual Elders on subjects ranging from love, marriage and extrication from futile relationships, to what we should demand of a one-world government (if we should have one at all).

HEALING THE HEART OF THE EARTH

by Marko Pogacnik

Publisher: Findhorn Press, Scotland, 1998
ISBN: 1-899181-57-6 (261pp tpb)
Price: AUD\$28.95; NZD\$39.95; £8.95; NLGf34,90; USD\$14.95

Available: **Aust**—Gemcraft, tel (03) 9888 0111; **NZ**—Peaceful Living, tel (07) 571 8105 (late Aug.); **UK**—Findhorn Press, tel 01309 690582, website <www.findhornpress.com>; **Europe**—NEXUS Office; **USA**—Findhorn Press, tel (850) 893 2920

It's one thing to be environmentally aware, but quite another to be aware of the subtle dimensions of Earth and Nature. While, through history, certain sites have been chosen for temples and churches because of the powerful energies that traverse them, unfortunately, in creating the built environment, all too often those natural energies become imbalanced or blocked, with deleterious effects on the surrounding area and inhabitants. But these blockages can be overcome and the environment can be purified and revitalised with our help, says Slovenian artist Marko Pogacnik in his inspiring book, *Healing the Heart of the Earth*.

As Pogacnik knows all too well, the methodology of Earth healing has no place for surreptitious "lithopuncture terrorism"; it requires permission from the landscape devas as well as from landowners; local cooperation and participation; and, most importantly, involvement of responsible people who are on a path of personal transformation and who are aware of the interdimensional subtleties of their own being.

Pogacnik's techniques incorporate the energies of sound, colour, dance, ritual, imagination and invocation as well as use of lithopuncture stones to effect Earth healing. In his book he details these methods as well as ways to deal with destructive forces inhabiting or trapped in place. His pilgrimages have taken him across Europe and to Central and South America, and several of them are documented here, e.g., alleviating energy blockages of star-shaped centres like Bern, controlling the energy blocks remaining after the Berlin Wall came down, and balancing the male energies distorting the predominantly female energies of Brasilia.

Realising that the Earth is a living being that's going through its own transformation, Pogacnik believes we have a vital role to play in making the transition smoother.



REVIEWS

AUDIO

Reviewed by Richard Giles

MAIDEN OF MYSTERIES:

**The Music of Enya
with The Taliesin Orchestra**

Producer: Tramell Starks for Platinum Entertainment, Roswell, GA, USA, 1998
Distributor: **USA**—Intersound, tel (770) 664 9262

There are several orchestral groups pushing the boundaries of pop/world and classical fusion, and the Taliesin Orchestra is one of the leading examples. If you love Enya's lush, classical, Celtic arrangements, you'll embrace this album. The orchestra's membership itself is evolving, and feature-musicians shift from project to project. *Maiden of Mysteries* features Karen Briggs, the stunning violinist with the energy-plus style who leads Yanni's albums and concerts. Also featured is vocalist Alfreda Gerald's beautifully haunting sounds.

BAABA MAAL LIVE AT FESTIVAL HALL

Producer: Trevor Wyatt for Palm Pictures, USA, 1999 (42mins)
Distributor: **Australia**—Festival Records, tel (02) 9660 4022; **UK**—Rykodisc, tel 0181 746 1234; **USA**—Rykodisc, tel (508) 744 7678;

Baaba Maal, a respected musician in his own country, Senegal, and throughout Africa, has shot to world prominence in the last year with the release of *Nomad Soul*. The album did very well in international charts, and the track, "I Will Follow You" (*Souka Nayo*), featuring backing by the Screaming Orphans, received much airplay in Europe. This new album's live atmosphere adds to its excitement. The first two tracks begin well, but the performance really starts to move when Baaba Maal is joined by Ernest Ranglin, "guitarist brilliantissimo", on the third track. The last twenty minutes of music are just gorgeously exhilarating.

A GIFT OF LOVE with Deepak and Friends

Producers: Adam Plack and Yaron Fuchs for Tommy Boy Music, USA, 1998
Distributor: **Aust**—MRA, tel (07) 3849 6020; **USA**—Tommy Boy, (212) 777 0281

To quote from the sleeve notes on this amazingly haunting, sensuous album, "Passion must contain surrender in order to be true". *Gift of Love* has Deepak Chopra and friends reciting poetry by 13th century mystic Jalaaluddin Rumi. Friends include Demi Moore, Martin Sheen, Madonna, Goldie Hawn, Robert Thurman and Laura

Day, among others. The backing music is a little techno-ambient and sometimes a bit too driving, but the overall effect of this album is to turn up the sensuality temperature and relax the inhibitions.

CELTIC SOLSTICE with Paul Winter and Friends

Producers: Paul Winter & Dixon Van Winkle for Earth Music Productions, USA, 1999 (58mins)
Distributor: **USA**—BMG Distribution, tel (212) 930 4942

Paul Winter is one of the great names in international music. He calls his music "ecological sound vision" and he's received several Grammy awards and two environmental awards. *Celtic Solstice* is the newest in a line of 40 albums. With *uilleann* pipers Davy Spillane and Jerry O'Sullivan, Irish singer Karan Casey, flautist Joanie Madden and pipe organist/pianist Paul Halley and others, he recorded this stirring album in the Cathedral of St John the Divine, New York City, after a series of summer solstice concerts starting in 1994.

WOMAD 99: Southern Hemisphere Producers: Mark Sequeira & Tracie Taylor for Festival Records, Australia, 1999 (2CDs, 110mins)

Distributor: **Australia**—Festival Records, tel (02) 9660 4022; **New Zealand**—Festival Records, tel (09) 361 0223

The WomAdelaide Festival of world music has become the largest festival of this genre in Australia. It began in 1992 and has now spread to New Zealand with its first Womad in 1997. *Womad 99* is a limited-edition double CD compiled from both festival and extolling the diversity and delight of the events. Selected artists include Tulipan, Baaba Maal, African Gypsies, Ernest Ranglin, Muzikas, Trilok Gurtu, The Gadflies, Kahas, Te Vaka, Kenos, Slava Grigoryan and many more.

